The following claim listing replaces all claims submitted previously.

- 1-27) Canceled.
- 28) (New) A container blank, comprising:

a substrate layer made of disposable material, wherein the substrate layer has an interior and an exterior; and

a shrink film layer adhered to the interior of the substrate layer, wherein the shrink film layer is adapted to shrink away from the substrate layer upon application of heat thereto, thereby providing a shrunk film layer adhered to the interior of the substrate layer after heat is applied to the shrink film layer;

wherein the shrunk film layer provides thermal insulation when present on an interior of a container.

- 29) (New) The container blank of claim 28, wherein the shrink film is capable of automatically pulling away from the interior of the substrate layer at a temperature range of about 180°-190 ° F.
- 30) (New) A container formed from the container blank of claim 28.
- 31) (New) The container of claim 30, wherein the shrink film layer is adhered to the interior of the container so as to provide a single generally horizontal thermally insulating air pocket after application of heat to the interior of the container.
- 32) (New) The container of claim 31 having a seam, wherein the seam is not covered by the thermally insulating air pocket.